

# ARTS UPDATE

Eden Arts is supported by Eden District Council, Arts Council England North West and Cumbria County Council

Eden  
ARTS

ISSUE NO 63

SEPT/OCT/NOV 2008

## HOHODZA ARE BACK



Photo: Simon Danby

Dance Eden continues with the return of the acclaimed Zimbabwean band Hohodza on 27 September in Alston Town Hall. Their unique fusion sound with electric rhythm section gives the band a distinctive contemporary edge. Hohodza means woodpecker in the Shona language and the fast-paced, highly danceable music and rapid-fire guitar reflects the name. Lead singer Portia Gwanzura composes much of their repertoire, with other material written by band members.

Dance and music workshops are also on offer for Alston Primary School on Friday 26,

and for everyone at Alston Town Hall, 5pm Saturday 27, ready for the evening event: so no excuse for sitting on the sidelines!

Hohodza last played to a full house in Alston as part of the Dance Eden Festival in May 2006 and it is expected that this event will also be a sell out. Supporting band are Landermason, a duo from Northumberland, with a great mix of contemporary folk and jazz.

The evening begins at 8.30pm. Tickets cost £7 & £5 (concessions) - please phone Moor Music on 01434 382738 for availability as tickets will sell fast.

## THE LAST WALTZ

Eden Arts presents the Cumbria premiere of Quondam's latest production, *The Last Waltz* at Penrith Leisure Centre in October. The poignant comedy with music is written and directed by Fine Time Fontayne, the popular actor/director who always creates exciting theatre.

The story is set during the last days of a railway signal box, as Philip the signalman is about to be made redundant. But the closure reunites him with the love of his life after twenty years, as *The Last Waltz* echoes the familiar theme of the positive emerging, quite surprisingly, from the negative - a similar theme to Quondam's

2007 production, *Unruly Women*.

The music and songs by actor/composer Richard Stone are performed live by the cast, in Quondam's unique way, which they call **THEATREWITHMUSIC** style. *The Last Waltz* promises a great evening out in Penrith, and then goes on to Highlights' autumn programme.

The performance is at 7.30pm on Saturday 11 October at Penrith Leisure Centre, Tickets price £8 adult, £5 children & £20 family tickets are available from Penrith Leisure Centre 01768 863450 or from Eden Arts.

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Next issue: December 2008  
Copy deadline: 3 November 2008

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Registered Charity No 1000476

## ARTS ON HIGH

Arts Trail on Alston Moor 6 - 14 September: studios open 11-4 daily. See page 4 for full details ...



# EDENARTSCOMMENT

## SUMMER EXHIBITION



Tony Brunskill

The recent summer exhibition *Poems from the Catalan*, promoted by Eden Arts, proved to be a real success for Eden District Council. The exhibition was shown at the neighbouring venues of Penrith Town Hall and Penrith & Eden Museum. The council chamber was opened to unrestricted public access during August to encourage locals and tourist to enjoy the building as well as appreciate the rare Catalan works by Antoni Tàpies and Joan Brossa. The chamber was transformed by the colourful display of lithographs which complemented the ornate interior of the room and provided, for many, a first-time opportunity to visit to this part of the building.

## CONGRATULATIONS TO ...

Rob Heron of Penrith, who has succeeded in getting the A level grades needed to get on to the country's only traditional music degree course, at Newcastle University. Rob received a bursary earlier this year from Eden Arts to help with his travel to The Sage, Gateshead to rehearse with Folkestra, with whom he played at the Proms this summer. The boy is obviously going to go far!

## TRANSITION IN EDEN ARTS



As we go to print we are saying goodbye to our administrator, Ruth McPhail who is leaving to take up a new post in Cockermouth. Filling the gap is Jonathan Trengrove, who is well known around the Penrith music scene. Jonathan is an ex pupil of QEGS and first worked at Eden Arts on a school placement some ten years ago. After completing a computer studies degree at Sheffield Hallam University, he returned to Penrith and is establishing himself as a highly talented music artist and producer.

## CHANGES AT THE CUMBRIA NETWORK

The Cumbria Network is the county's networking, opportunities and events organisation and has just appointed a new Director: Brian Reid, who manages Aurora Creative Arts in the north-east. He has an excellent pedigree for the job as Aurora operates in a very similar way the Cumbria Network, supporting artists and crafts workers in Northumberland and Tyneside, and he has run it for the past nine years.

Brian will be taking over from Eden artist Kate Brundrett, who first set up the Cumbria Network in 2004 and has recently been seeing the Network through to its new status as a not-for-profit company limited by guarantee. Kate is now busy with other work as a business adviser, specialising in new creative businesses, and is online editor for the Artists Information Company new jobs and opportunities website (follow the link from [www.a-n.co.uk](http://www.a-n.co.uk)) as well as doing her own artwork. She'll still be in touch with the Network though, as she is staying on as a board member.

The Cumbria Network now has 800 subscribers and if you'd like to swell their ranks you can sign up at [www.thecumbrianetwork.co.uk](http://www.thecumbrianetwork.co.uk) - just in time for their big autumn gathering at Patterdale on Saturday 4 October. Bookings and enquiries for that to [post@thecumbrianetwork.co.uk](mailto:post@thecumbrianetwork.co.uk) or phone 01768 861667.

thecumbrianetwork

WHATSON

## NORTH PENNINES STORYTELLING FESTIVAL

Sadly, a funding shortfall once again means that the North Pennines Storytelling Festival will this year be reduced to just one event in each of the four districts which span the Pennines: Eden in Cumbria, Tynedale in Northumberland and Wear Valley and Teesdale in County Durham. The Eden event will be an underground storywalk at

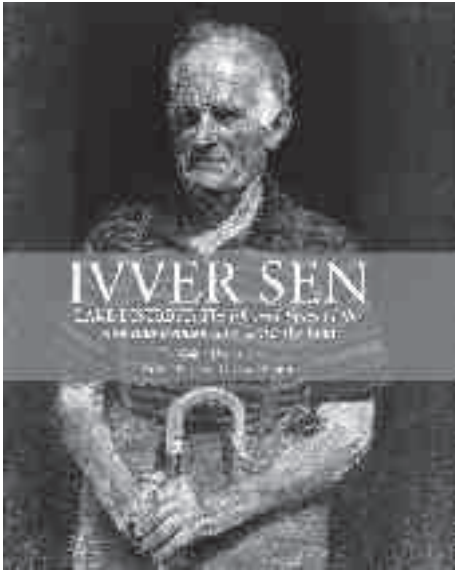
Nenthead Mines, with a Heritage Centre guide providing the historical background while a storyteller with a musician provides the entertainment. Book now via Eden Arts on 01768 89944 or via the Education Office at Nenthead Mines on 01434 382037. Details of ticket prices and storyteller not available at the time of going to press, so contact Eden Arts in September for up-to-date information.

## GHOULIES AND GHOSTIES

Feed the body and the imagination at Acorn Bank this Halloween, where there is a special Halloween Supper on Friday 31 October at 7pm. Enjoy spine-chilling stories from the Eden Valley Storytellers and a seasonal two course supper all for £19.50. Booking is essential: telephone 017683 61893 or email [acornbank@nationaltrust.org.uk](mailto:acornbank@nationaltrust.org.uk)

# LITERATURE

## NEW BOOK: *IVVER SEN*



*Ivver Sen* - in case you didn't know - is Cumbrian dialect for 'ever since'. And that's a clue to the nature of this book, which is a real celebration of Lake District farming life - the people who have lived and worked the land over the years, and those who still cling to their fell-farming heritage today. It's written by journalist and former editor of Cumbria Life magazine Keith Richardson and is the first book from his new press, River Greta Writer.

Within these pages you'll find fascinating stories of real Lakeland people and their lives and times, including brother and sister

Johnny and Betty Richardson who spent an idyllic childhood at Watendlath in the early 1930s, before Johnny went off to war. He was captured at Tobruk in 1941 and escaped from German prisoner of war camps in Italy only to be pursued relentlessly by the Nazis across the Apennine mountains. In later years Johnny became very well known in the county as huntsman of the Blencathra Foxhounds. Fell runner and farmer Joss Naylor also features, along with many others you'll never have heard of but whose stories are in turn moving, informative, entertaining and humorous.

The book is rich in nostalgia but also voices opinions on hill farming today, and is superbly illustrated with Keith Bowen's sensitive pastel drawings of the Cumbrian characters. This is set against the brilliant landscape photography by Val Corbett and evocative, previously unpublished archive photographs which provide the backcloth for the stories of a very special breed of people, fast disappearing from the land on which they have lived and worked down the centuries.

Autographed copies of the book will be available to buy, at £25, from Upfront Art Gallery throughout September and October, or direct from River Greta Writer, 74 Windebrowe Avenue, Keswick, CA12 4JG.

Please telephone 017687 74284 for further details or go to [www.rivergretawriter.co.uk](http://www.rivergretawriter.co.uk)

## ONCE UPON A TIME ...

The Eden Valley Storytellers have a very active autumn in prospect: their regular get-togethers at the Blue Bell in Castle Carrock on the last Thursday of each month are now supplemented with second Wednesdays of the month at Bluebell Bookshop in Penrith. Both evenings are open to everyone, whether you're a seasoned storyteller or a newcomer to the art and perhaps want to find out more. The group is particularly keen to encourage parents, who would like to tell stories to their kids but don't quite know where to begin, to come along to the Bluebell Bookshop sessions, where there will be plenty of help on offer both in how to tell and where to source stories.

You can also catch the Eden Valley Storytellers at Appleby on Sunday 14 September, where they'll be telling tales at the Almshouses in Boroughgate between 1-3pm as part of Cumbria's Heritage Open Days, and at Acorn Bank on 12 October (Apple Day) and at Halloween.



On Wednesday evening 10 September, at 8pm, the group is hosting a really special event at Bluebell Bookshop: *On Common Ground* - an evening of stories, poetry and music with award winning storyteller Hugh Lupton and musician Chris Wood, exploring the life and times of poet John Clare. Tickets are £10 from Bluebell or from Peter Dicken on 07837 816795.

## IN COMES I ...

The Froddle Crook Mummers, who are closely associated with Eden Valley Storytellers, perform traditional folk or mummers plays out and about throughout Cumbria, often at Christmas at Easter. This autumn they'll be strutting their stuff at Appleby on the afternoon of Sunday 14 September at the bottom of Boroughgate, by St Lawrence's Church and will also be appearing at Apple Day, with the Storytellers.



# VISUALARTS

## DROP



A simulation of DROP at Derwent Water,  
© Steve Messam

DROP is a newly commissioned giant inflatable sculpture conceived by Eden artist, Steve Messam. The reflective work will be launched on 11 September and is based on a raindrop - the building block of the lakes.

In 1778, Thomas West published his Guide to the Lakes as an alternative to the Grand Tour, and is today credited as planting the seed of domestic tourism in the UK. In his book, West highlighted a number of 'Viewing Stations' - places where iconic views could be observed. DROP will visit two of these sites for a limited period of days, reflecting the stunning views and encouraging the viewer to see the landscape from a new perspective.

The sculpture, which will be inflated by a large fan, measures around 8m high, 22m long and 8m wide, has over 5 tonnes of water ballast drawn from the lakes and is able to withstand 25 knot winds. Its shape echoes the Claude Glass, a small mirror used by tourists in the late 18th and early 19th centuries to view the landscape deemed too 'awful' to be seen by the naked eye. The convex nature of the mirror shaped a large scene into a neat view, just as the reflective raindrop will do for visitors to Cumbria this Autumn. Visitors will also be able to interact with this modern day version, touching the sculpture and flexing the fabric to create distortions.

DROP is a Culture Cumbria project and will launch on 11 September at Crummock Water where it remains until 13 September before moving to Crow Park on Derwentwater, Keswick from 18 September.

## ART CLASSES

David Pearson is teaching botanical art classes on 3-4 September and 15-16 October at Howscales, with classes for beginners as well as the more experienced. See [www.howscales.co.uk](http://www.howscales.co.uk) for details or phone Liz on 01768 898666 to book.

## ARTS ON HIGH

From 6 - 14 September Alston artists are presenting a week of open studios as well as related events in and around Alston Moor. The art trail, *Arts on High*, will feature 16 artists drawn from the Alston Art Group and Alston Craftworkers Co-op who, earlier this year, responded to new initiatives generated by Syl and Ray Macro to provide opportunities to promote the creative work of individuals, collectives and businesses around Alston Moor.

The studios, open daily from 11am to 4pm, will feature a large range of works including painting, sculpture, ceramics, drawing and photography as well as stone carvings, ceramic panels and wrought ironwork in outdoor settings. Planned events also include poetry workshops and readings with possibilities of an 'Artwalk' and an arthouse film.

The best place to start is Studio House and Stokoe House Ceramics at the Market Cross in Alston, where there is a showcase exhibition featuring the work of all participants plus leaflets, brochures and a map to help you on your way. From there you can decide the best route - on foot, by bike or by car.

However, you might want to start your tour before you reach the town as the studios are spread around a 10 mile radius, in the North Pennines Area of Outstanding Natural Beauty. See [www.ashgill.info/alstonartists](http://www.ashgill.info/alstonartists) for details of all participating artists, studios and events as well as a comprehensive map with suggested routes from the various directions.

## GOSSIPGATE GALLERY REOPENS

Alan Hayward's *Intimate Landscapes* exhibition - subtitled 'photography as visual haiku' - is an intriguing show that effectively re-launches Gossipgate Gallery in Alston, which has been closed since last year. It's the first of a new programme of exhibitions and events being planned by new owners Nikki Terry and John House, who have moved from York to run the gallery. It's great news for the arts in the north Pennines of course, as Gossipgate was something of an institution. The refurbished gallery, with café offering Fairtrade and organic fare, is open six days a week (not Tuesdays) from 10am to 5pm.

## RED BARN



Angie Boothroyde, *Petal Necklace and Bracelet*

Until 30 September Red Barn is hosting an exhibition of works by Jonnie Brown, Helen Fay, Geoff Masters Tim Pavey, jewellery by Angie Boothroyde, glassware by Ulrike Umlauf-Orrom and pottery by Hannah McAndrew

Then from 5 October to 18 November an exhibition of work by Alan Stones, David Morris, Phil Morsman, Celia Washington, ceramics by Eric James Mellon, Maggie Bercowitz, Mark Gibbs,



Tim Pavey *A Darkening Sky*

Jackie Oglesby, and the late Edward Hughes. glassware by Loco Glass and jewellery by Natalie Vardey

For further information contact Red Barn Gallery, Melkinthorpe, on 01931 712767 or Email: [info@redbarngallery.co.uk](mailto:info@redbarngallery.co.uk)

## UPFRONT

From 1 September to 10 October *New Paintings from the Country* will be exhibited at Upfront Gallery. These are the latest collection of watercolours and limited edition prints by North East artist, Mary Ann Rogers. This will be Mary Ann's third solo exhibition at Upfront.



Keith Bowen

A more unusual, exhibition at Upfront this autumn is *Iver Sen*, pastel portraits of Cumbrian characters by Keith Bowen which feature in the book of the same name by Keith Richardson, former editor of *Cumbria Life* magazine. The book will be launched at the exhibition opening at Upfront on 2 September by broadcaster Eric Robson. The exhibition runs through to 31 October.



Stephen Warnes, Leave Town

Then from 18 November to 24 December an exhibition of paintings with a broad theme of railways – in landscape, as social history and as imaginative compositions, *A Long Way Down the Line* by Cumbrian artist Stephen Warnes GRA, a member of the Guild of Railway Artists. The works, in acrylic or watercolour, encompass a wide range of painting styles, some available at very special prices for this 'local' exhibition. Stephen exhibits widely with the Guild, including at The National Railway Museums in York and Shildon, 'Steam' in Swindon and the National Collection at Kelvinbridge in Glasgow.

For further information contact Upfront Gallery phone 017684 84538 or email info@up-front.com

## FRED

Cumbria's rugged fells, shimmering lakes and sun-drenched fields will provide the backdrop for Europe's biggest outdoor art festival which will take place in Cumbria from 26 September to 12 October: FRED.

Now in its fifth year, FRED is run by Fold, the not-for-profit arts organisation that aims to provide and promote access to quality contemporary art in the rural environment.

FRED's 30 projects in 40 locations by 45 artists will bring the region's landscape alive with a variety of different events. This year's highlights include an entire farm wrapped as hay bales, a 12 foot giant feather, a poetry petrol station, sounds generated from a lost underwater city and a programme of guided walks, talks, film screenings and participation events means that there really is something for everyone.

Artist and festival director, Steve Messam, said 'FRED is a countryside response to the London-centric art world and aims to raise the profile of the rural landscape as a venue for contemporary art. All FRED projects will be accessible by public transport and some require short, but scenic walks to get to. We want FRED to reach as many audiences as possible, from tourists to locals to art critics, to demonstrate Cumbria's rich arts and culture scene. The FRED projects complement the region's amazing landscape perfectly and our mission is to draw the public away from towns and cities and explore the stunning surroundings'.

Artists from as far afield as Southern China will be taking part in this year's FRED. A group from a young architecture company from Shenzhen have produced an interactive light sculpture which will hover eerily in Big Wood, near Tarn Hows, Coniston. Seven thousand soft fibre optic lights will float, illuminating the secluded woodland every night during FRED.

Tarn Hows will also feature another sculpture when Cumbrian artist Caroline Dalton floats her 12 foot feather on the lake, as if it has just fallen upon the water, floating along in the breeze.

A farmhouse in the Eden Valley will demonstrate the plight of hill farming by being wrapped up in plastic and bailer twine like a haystack, with local farmers lending a hand with the wrapping.

Other projects in Eden include a neon artwork by Jac Scott at the Watermill in

Little Salkeld, hundreds of ceramic figures by Chris Hurford beneath the boardwalk by the Eden near Lacy's Caves, a series of decorated line-side huts along the railway between Kirkby Stephen and Carlisle by Hannah Stewart and Chloe Burns, and a spontaneous ripple across the surface of Scales Tarn, 2,000 feet up the side of Blencathra - also the subject of Irene Sanderson's open-air studio.

A guide to FRED by regular artist Sally Barker will be available at the end of August and more information can be found at [www.fredsblog.co.uk](http://www.fredsblog.co.uk) where you can sign up for FRED e-alerts, text alerts, and the Facebook site. The guide can be found at tourist information centres throughout Cumbria.

If you would like to get involved there are plenty of volunteering opportunities available in all aspects of running the event and associated programmes, from working with experienced artists to install their work to distributing information. FRED welcomes any amount of volunteer time, large or small and training will be provided where necessary.

## HIGH HEAD SCULPTURE VALLEY EXHIBITIONS



Katie Pruden

Artists Brian Cowper, Katie Pruden and Edward Slater are exhibiting at the High Head Sculpture Valley until 7 October. Then from 9 October; Ron Ablewhite, Christine Romano and Willa Story will be showing.

For further information call 016974 73552.

# AT THE THEATRE

## highlights

rural touring scheme

Highlights Rural Touring Scheme is a network of 50 village halls, schools and community centres, committed to offering professional, entertaining and exciting events in their communities.

Part of a national network of Rural Touring Schemes, under the umbrella of the National Rural Touring Forum, it offers high quality entertainment for all ages and the opportunity of a great night out on your doorstep.

To receive a brochure, contact Highlights on 017683 53954 or see [www.highlightsnorth.co.uk](http://www.highlightsnorth.co.uk)

### SHONA REPPE CINDERELLA

It's a well known fairy tale but Shona Reppe's *Cinderella* really looks as though she sleeps in the ashes. This highly visual award winning production has it all with wickedly cruel step sisters, a savage dog, secret hatches, hidden drawers and a handbag full of magic.

*'a wonderful show that has the audience wriggling with glee..... Cinderella is a jewel'*  
The Scotsman.

Croplin Village Hall  
Askham Village Hall

Wed 24 Sept  
Thurs 25 Sept

### NTC TOURING THEATRE COMPANY COUNTRY VOICES

A feast of stories from the turn of the 20th century to the First World War, some hilarious, some tragic, breathing life back into the words, songs and stories of a Northumbrian farming family, part of the last generation to work by hand, horse and steam, on the land.

*'A vigorously comic dip into a grandparental world of farm workers. The struggle for survival is never far away and neither is the wit that made it bearable'* The Guardian

Melmerby Village Hall

Fri 24 Oct

### THEATRE SANS FRONTIERES LA PELOTA MAGICA



A charming tale set in the mountains of the Andes, *La Pelota Mágica* is vividly told through live action, puppetry and music and is a fantastic introduction for younger children to the Spanish language. This is a story of the love between a brother and sister and their triumph over adversity in a cold and icy landscape.

When Luis and Natalia see a beautiful, shimmering ball, they decide to chase after it. However, the enchanted ball belongs to the cold-eyed witch of the mountains! Natalia is trapped by the witch's magic and Luis must race against time to save her, with the help of a wise old man and the birds of the Andes...

Alston Town Hall

Thurs 9 Oct

### IAN KEABLE CONJURING UP COMEDY

Accountancy is not usually a profession associated with laughs – but one man is on a mission to smash the stereotype. *Conjuring Up Comedy* is a one man comedy and magic show with VAT ('very amusing tricks').

Laughter and astonishment go hand in hand as Ian hilariously tells how he made the transition from accountant to magical comedian, climaxing in his award winning act which has taken him all over the world. A laugh out loud show, full of magical unexpected twists and turns.

Soulby Village Hall

Sun 12 Oct

### QUONDAM THEATRE THE LAST WALTZ

A poignant comedy with songs and music about the final working day in a rural railway signal box. (Further details on front page).

Quondam brings some of the most talented actor-musicians in the country to the heart of your community.

Shap Memorial Hall  
Ivegill Village Hall

Sun 26 Oct  
Tues 11 Nov

### THE CLASSIC BUSKERS CARNIVAL OF THE CLASSICS



The Classic Buskers have a knack of communicating their passion for classical music in two of the best ways possible – virtuosity and laughter.

Michael Copley plays more than 40 woodwind instruments, ranging from recorders, flutes, panpipes, crumhorns and ocarinas to a Pico Pipe and a rubber trout at ridiculous speeds, accompanied by Ian Moore on a small but perfectly formed accordion. Their virtuosity on these instruments is staggering. The show appeals to all ages, and each piece is introduced with a witty commentary en route.

Askham Village Hall  
Armathwaite Old School Hall  
Skirwith Village Hall

Wed 15 Oct  
Sat 18 Oct  
Sun 19 Oct

### NTC THEATRE CO THESE THINGS DO HAPPEN

Winner of London Weekend Television Plays on Stage Award. This honest, affectionate and often hilarious close-up of farming life in Northumberland in the 1930s and 1940s, narrated by a tractor!

Visually exciting, full of energy and action this prize winning play is rich with period flavour, farming anecdotes, pathos and above all laughs.

Appleby Public Hall                      Tues 21 Oct  
Mungrisdale Village Hall              Thurs 23 Oct

### **AJTC THEATRE COMPANY ON THE BLACK HILL**

Bruce Chatwin's award winning tale of twinship, love and belonging, set on the border of England and Wales captures the harsh realities and humour of farming life and the unique struggle of twin brothers, Lewis and Benjamin.

Their remarkable lives span almost the whole of the last century and throw an extraordinary light on the values and our changing times through war and peace. Bound together and yet driven apart by nature they struggle to find meaning and purpose in their existence which finally, is dominated by one question.

Who will inherit their farm, their 'Vision'?

*'However you choose to interpret it, this is gently affecting yet powerful stuff.'* The Times

Alston Town Hall                      Thurs 6 Nov  
Kirkoswald Village Hall              Fri 7 Nov

### **THE POLYJESTERS**

After a sell out tour, The Polyjesters are back! Brothers Jason and Sheldon Valleau, play double bass and ukulele and their two friends play percussion and fiddle. Together they call their music 'swingin folk chunk!' - a mix of swing folk, old jazz, tin pan alley song, country, bluegrass and ragtime and self-penned compositions. They have a unique sound that is highly energetic, completely contagious, unfailingly entertaining and appeals to a wide range of musical taste. A wildly enthusiastic bunch of young men all the way from Ontario, Canada.

Ullswater Comm. College              Wed 12 Nov  
Orton Market Hall                      Thurs 13 Nov

### **UMBER MUSIC THIS FARMING LIFE**

*This Farming Life* integrates archive film, traditional song, still images and spoken word to bring to life the farming and rural lives of people from as early as the 1920's through to the 1970's.

From heavy horses through to early traction, the drift from the land to rural industries, and much more, the shows include interviews with farming people, tunes, songs and spoken text, combining to give an evening to stir memories, and highlight the values of then and now.

Croglin Village Hall                      Fri 21 Nov  
Shap Memorial Hall                      Sun 23 Nov

### **LORRAINE AYENSU**

Lorraine Ayensu has been making independent music for over 10 years, which transcends established categories, she is passionate about all music particularly British and American, traditional as well as modern and popular. This passion is no less diminished when it comes to African and other music from all around the world. Her music draws on soul and folk traditions as well as rock and jazz, with underlying African and Latin rhythms. She is joined by talented Ghanaian percussionist Nii Tahoe and Norma Daykin on saxophone.

Cliburn Village Hall                      Sat 15 Nov  
Skirwith Village Hall                      Sun 16 Nov

### **TOM MCCONVILLE CELTIC MUSIC & SONG**



Virtuoso fiddler and vocalist Tom McConville is an all-Ireland Champion and he teams up with and Scots Traditional Music Award winner Aaron Jones, on Bouzouki, Guitar and Vocals. The pair met between the thriving traditional music scenes in Newcastle and Edinburgh, and have developed a unique and exciting musical relationship, performing a mixture of traditional and original Scottish, Irish and English music and song and enthraling audiences wherever they perform.

Threlkeld Public Rooms                      Sat 29 Nov

## **PENRITH PLAYERS**



Penrith Players' next production at The Playhouse will be Terence Rattigan's well known 1952 play *The Deep Blue Sea*, directed by Jenny Wilson and runs from Wednesday 15 to Saturday 18 October. From the opening scene we are confronted with a potential tragedy and quickly get drawn into the dilemmas facing Hester, as she wrestles with the devil implicit in the play's title: gripping stuff! Tickets are available from Penrith Tourist Information Centre, telephone 01768 867466 or email [pen.tic@eden.gov.uk](mailto:pen.tic@eden.gov.uk)

## **PLUG & PLAY ANNIVERSARY**

On 7 September Plug & Play will be celebrating their 10th Anniversary with a full open mic night. The 'birthday bash' will allow performers to play 10-20 minutes depending on numbers. If you want to play just turn up as soon as you can after 7pm and make yourself known to host Phil Caton. All performers are welcome, as long as it's live. All the equipment is set up ready for you - you literally just plug in and play! Price is £1 at the door or free if you are performing. The venue is the Penrith Playhouse.

# MUSIC

## PENRITH MUSIC CLUB 2008-9 SEASON



*Academy of St Martin in the Field*

Penrith Music Club's 2008-9 season opens with a bang on Monday 22 September at Penrith Methodist Church, with the first visit to Penrith of the internationally distinguished orchestra Academy of St Martin in the Fields, directed by Kenneth Sillito. Classical music lovers in Eden have been given this opportunity through the Arts Council's Orchestras Live scheme, supported by the Northern Rock Foundation. The orchestra will play a string programme including Janáček's delightful early *Suite*, Bartók's tangy *Divertimento*, Thea Musgrave's atmospheric *Aurora* and Dvorák's ever popular *Serenade*.

On Monday 20 October soprano Elizabeth Watts - Cardiff Singer of the World lieder prize winner in 2007 makes an appearance, with Simon Lepper accompanying on piano in a varied programme of Mozart, Liszt, Schubert and English songs by Gurney, Head

and Quilter. Then on Monday 17 November the 2008 programme rounds off with the Martinu String Quartet and Angus Meryon, clarinet. The Martinu Quartet ranks among the finest in a long line of celebrated Czech string quartets, performing worldwide for over twenty years and producing many recordings. In Penrith they will perform Martinu's 2nd Quartet, Dvorák's effervescent American Quartet and, with clarinet, Angus Meryon, Brahms' autumnal Clarinet Quintet.

Tickets for the Academy of St Martin in the Fields concert are £16/£14 concessions/£2 students and for the other concerts £13.50/£12/£1.50. Subscriptions to the series and single tickets are available from Colin Firth on 01768 868248 and single tickets will also be available from Bluebell Bookshop in Penrith.

## MUSIC FOR AN INDIAN SUMMER EVENING?

There's been precious little summer here this year, so Fellside Music are no doubt hoping for an Indian summer this September as their Music for a Summer's Evening concerts continue through to the end of the month. The concerts are all in attractive parish churches in the 'Heart of Eden', such as the ancient church of St James at Great Ormside, where the Schreiber String Quartet will be playing on Sunday 7 September. Then on Sunday 21 September soprano Lynn Young and lutenist Laurence Jay perform at St Cuthbert's Church in Milburn and a celebration concert for the newly installed pipe organ with the Fellside Singers closes the season on Sunday 28 September at St Cuthbert's Dufton. Concerts start at 5pm, with refreshments after the concert included in the admission charge of £4. Accompanied children are free. If you would like further details, phone 017683 61685.

## BOJANGLES

If acoustic music in a relaxed cafe-bar atmosphere is your thing keep an eye on Bojangles website:

[www.bojangles-appleby.co.uk](http://www.bojangles-appleby.co.uk) or call on 017683 52662 as it is anticipated they will be starting this up again in the autumn.

## APPLEBY MUSIC FESTIVAL



*John Mills*

Thanks to the hard work of musician Ian Potts, and a generous anonymous donation from a local supporter, there'll be a second Appleby Music Festival this year, over the weekend of 12-14 September. The opening concert on Friday evening will be a recital by internationally renowned guitarist John Mills with a programme of Spanish and classical favourites and on Saturday evening two of BBC TV's *Classical Stars*, flautist Benjamin MacDougall and violinist Jeanine Thorpe, will be performing. The festival finishes with a flourish on Sunday evening with a 'Last Night of the (Appleby) Proms' featuring popular international cellist Justin Pearson and the

Locrian Ensemble. All concerts take place at Appleby Public Hall and start at 7.30pm. Tickets are £9, or £24 for all three concerts, and are available from Appleby Tourist Information Centre, telephone 017683 51177 or email [tic@applebytown.org.uk](mailto:tic@applebytown.org.uk). The festival is supported by the Westmorland Arts Trust, Eden Arts, Appleby Rotary Club and Appleby Town Council.



*Benjamin MacDougall*

## MUSIC AT MELMERBY

The second concert in this new series at Melmerby Village Hall is on Monday 13 October at 7.30pm. *Duets for Violin and Viola* features Pelin Halkacli Akin on violin and Rusen Gunes on viola with a programme of music by Mozart, Martinu, Reger and Handel-Halversen.

There will be light refreshments and organic wine, and tickets are £12 from Bluebell Bookshop, Penrith after 1 Sept. Enquiries to Colin McDermott on 01768 640674.

## NORTH WESTMORLAND ARTS

North Westmorland Arts' new season opens with a recital by one of the world's leading string quartets, the St Petersburg Quartet on Sunday 5 October, and continues with the Northern Saxophone Quartet on Sunday 16 November. Concerts are at Appleby Public Hall starting at 7.30pm, and tickets are £8 at the door. Further details from Clare Morton, who can also tell you about the benefits of membership and how to subscribe: telephone 017684 83777 or email [algars2@aol.com](mailto:algars2@aol.com). The series is supported by Westmorland Arts Trust and Eden Arts.



St Petersburg Quartet

## MUSIC AT No 15

Penrith's No 15 cafe not only serves food but also some of the best in Cumbrian live music. The café is open Mon-Sun from 10am-5pm, doors open at 7.30pm on music nights and admission is £4.

Booking a table is advised, so phone the café on 01768 867453 and get the latest details of upcoming events at the MySpace page [www.myspace.com/no15cafe](http://www.myspace.com/no15cafe)

## PENRITH SINGERS NEW SEASON

JS Bach's *Christmas Oratorio* features in the first concert of Penrith Singers' 2008-2009 season, on Saturday 17 December, while next year's May concert will feature choral music *From Byrd to Britten*. Masterpieces of the choral tradition are not only wonderful to listen to but also great to sing, so if you fancy exercising your vocal chords then why not go along to a Penrith Singers rehearsal and give it a try?

Rehearsals begin on Friday 12 September at 7.45pm in St Andrew's Church. New members are always welcome and if you would like more information about joining please phone membership secretary Heather Tomlinson on 01768 891870. Penrith Singers also offer student choral bursaries of up to £250 each year: for more information contact Rachel Carruthers on 01931 712231.

The 2008-9 brochure is now available at libraries and from Penrith Tourist Information Centre, and the full programme is also on their website [www.penrithsingers.org.uk](http://www.penrithsingers.org.uk)



## LITTLE PEOPLE AT BIG CEILIDH!

A very special event is taking place across the country on Saturday 18 October: The Big National Ceilidh. People of all ages will be dancing the night away at ceilidhs from Barnet to Barrow and Edinburgh to Eden, and raising money for Water Aid in the process. And at 10pm the plan is that they'll all dance the same dance, The Circassian Circle, to the tune Jamie Allen. The Eden event will probably be at Appleby, but the venue was not confirmed as we went to press. The band will be Reunion, with caller Chris Bland, and there will also be some very special young musicians playing during the evening: a ceilidh band of children from primary schools in the Eden Valley, who have been practising hard for the event under the expert direction of teacher Barbara Gilbertson. For further details of the venue and the event contact 017683 52634 or email [barbara@milburn.co.uk](mailto:barbara@milburn.co.uk)

## ACOUSTIC TEAROOM EVENTS

During the autumn, writer and stand-up comic James Sherwood, who has written for several radio shows and for *Private Eye*, will be performing at the Acoustic Tearoom. 'When I got a job writing topical one-liners for commercial radio DJs', he said. 'I started each day by writing six jokes about what was in the news. It filtered through into my stand-up and, after a bit my set had gone entirely topical.' James will be performing his topical stand-up on Saturday 6 September.

Also performing this autumn, on 20 September, is the Churchfitters one of the most inspired groups on the folk scene today. Based in Brittany since 1993, their energetic and festive show unites the rhythms of rock and pop with the universal appeal of traditional music. Three explosive voices and the use of a dozen or so acoustic instruments (including fiddle, guitar, double bass, flute, banjo, dulcimer, mandolin and saxophone) allows them to perform with a rich musical language, with a varied programme of songs and melodies from around the world.

Food is available from 7pm until 8pm and shows start at 8.30pm. Tickets are available in advance from Acoustic Tearoom, Kirkby Stephen on 017683 72123.

## YOUNG MUSIC STARS OF THE FUTURE

Musicians from the Junior Department of the Royal Northern College of Music will once again be performing in Penrith, at the Methodist Church in Wordsworth Street, at 2.30pm on Saturday 8 November. The concert is supported by Penrith Piano Circle, an offshoot of Penrith Music Club. Over the years there have been some exceptional performances from gifted young musicians, who may be the classical music stars of the future: definitely one for the diary! Tickets are £5 (adults) and £1 (children), payable at the door.

# WHATSON

DATE	TIME	EVENT	VENUE	CONTACT
Every Tues		Penrith Art Club: Outdoor Painting Evenings	Various locations	01768 840686
Every Tue	4pm-5.30pm	Band Workshops: (for 9-13 yr olds) Chris Johnson & tutors	Play Station, Penrith	07766 057315
Every Wed	7pm-9pm	Folk Session: (10 yrs-adult) with Carolyn Francis and tutors.	Play Station, Penrith	07766 057315
Every Wed	6.30pm-8.30pm	Bluejam Bigjam Band: (10 yrs-adult) New Band! New players!	Play Station, Penrith	07766 057315
Every Wed	7.30pm	Penrith & District Camera Club: Talks, masterclasses or presentations.	Quaker Meeting House, Penrith	01768 890652
Every Thu	7.15pm-11pm	Dance Classes: Salsa for beginners, followed by social dancing	Penrith Cricket Club	01768 863853
Every Fri	9pm-12am	Live Music: with a variety of artists	The New Inn, Hoff, Appleby	017683 51317
Every Fri	7.30-9pm	Dance Classes: Argentinian tango	Police HQ Gym, Penrith	016973 71020
Every Fri	7pm-9pm	Songwriting and Recording: (for 14-19 yrs) with Tom Rigg & tutors.	Play Station, Penrith	07766 057315
Every Sat	10am-12pm	Band Workshops: (for 9-13 yr olds) With Andrew Ratcliffe & Carl.	Centre 67, Chapel St, Appleby	07766 057315
Every Sun	3-6pm	Live Music/Jam Session	The New Inn, Hoff, Appleby	017683 51317
To 30 Sept		Exhibition: Paintings, jewellery and glassware.	Red Barn, Melkinthorpe	01931 712767
To 7 Oct		Exhibition: Works by Brian Cowper, Katie Pruden and Edward Slater.	High Head Sculpture Valley	016974 73552
9 Oct - 24 Dec		Exhibition: Works by Ron Ablewhite, Christine Romano and Willa Story.	High Head Sculpture Valley	016974 73552
To 31 Oct		Exhibition: <i>Iwer Sen</i>	Upfront Gallery	017684 84538
1 Sep - 10 Oct		Exhibition: <i>New Paintings from the Country</i>	Upfront Gallery	017684 84538
26 Sep-12 Oct		Festival: FRED - Europe's Biggest Outdoor Art Festival	Multiple locations	
5 Oct - 18 Nov		Exhibition: Paintings, ceramics, jewellery and glassware	Red Barn, Melkinthorpe	01931 712767
To 30 Nov		Exhibition: <i>Intimate Landscape</i> - Photography as 'visual haiku'	Gossipgate Gallery, Alston	01434 381806
18 Nov-24 Dec		Exhibition: <i>A Long Way Down The Line</i>	Upfront Gallery	017684 84538
3-4 Sept	10am-4pm	Workshop: Botanical Art, with David Pearson	Howscales, Kirkoswald	01768 899666
Thur 4 Sept	2-6pm	Dance: Late summer Circle Dance afternoon with Anne-Lise Kryger	Melmerby Village Hall	01768 866144
6-14 Sept		Open Studios Exhibition: <i>Arts on High</i> , a variety of artists and venues.	Various	01434 382137
To 7 Sept		Exhibition: <i>Living with Stoneware</i> , John Calver pots	Stokoe Ceramics Gallery, Alston	01434 382137
Sun 7 Sept	5pm	Concert: <i>Fellside Music</i> - The Schreiber String Quartet	Ormside Church	017683 61685
Mondays from 8 Sep	7.30-10pm	Dance: Penrith Scottish Country Dancing, beginners welcome	St Andrew's Centre, Penrith	01768 863995
Tues 9 Sept	8pm	Penrith Organ Society: Dave Smith	Evergreen Hall, Penrith	01768 862761
Wed 10 Sept	7.30pm	Penrith and District Camera Club: Opening night	Quaker Meeting House, Penrith	01768 890652
Wed 10 Sept	8pm	Storytelling: <i>On Common Ground</i> - an evening of stories, poetry & music.	Bluebell Bookshop, Penrith	07837 816795
Wed 10 Sept	10.15am	Lecture: <i>Reflections on Water</i> , with Alexandra Drysdale	Appleby Market Hall	015396 23407
11-13 Sept		Exhibition: DROP, Crummock Water		
Fridays from 12 Sep	2-4pm	Dance: Eamont Bridge Scottish Country Dance classes	Eamont Bridge Village Hall	01768 840060
12-14 Sept		Appleby Music Festival: a weekend of live music		017683 51934
Sun 14 Sept	1-3pm	Storytelling: Eden Valley Storytellers	Almshouses, Appleby	07837 816795
15 Sept-24 Nov	1-3pm	Circle Dance: with Anne-Lise Kryger, every Monday	Evergreen Hall, Penrith	01768 866144
Wed 17 Sept	7.30-9.30pm	Circle Dance: with Anne-Lise Kryger, alternate wednesdays til 10 Dec	Langwathby Village Hall	01768 866144
Wed 17 Sept	7.30pm	Penrith and District Camera Club: <i>Aspects of Photography</i>	Quaker Meeting House, Penrith	01768 890652
18-21 Sept		Exhibition: DROP, Derwentwater		
20-21 Sept		High Head Green Gathering: Eco-friendly music and crafts.	Festival Field, Ivegill	016974 73552
Sat 20 Sept	7pm	Live Music: <i>The Churchfitters</i>	Acoustic Tearoom, K.Stephen	017683 72123
Sun 21 Sept	5pm	Concert: <i>Fellside Music</i> - Soprano Lynn Young	Milburn Church	017683 61685
Mon 22 Sept	7.30pm	Penrith Music Club: Academy of St Martin in the Fields	Penrith Methodist Church	01768 868248
23 Sept-16 Dec	7.30-9.30pm	Circle Dance: with Anne-Lise Kryger, alternate Tuesdays	Mungrisdale Village Hall	01768 866144
Wed 24 Sept	7.30pm	Penrith and District Camera Club: <i>Creative Consciousness</i>	Quaker Meeting House, Penrith	01768 881274
Wed 24 Sept	7.30pm	Highlights: <i>Cinderella</i> - Shona Reppe	Croglin Village Hall	01768 896019
Wed 24 Sept	9pm	Live Music: Mostly Acoustic Jam Night	Black Swan, Ravenstonedale	
Thurs 25 Sept	7.30pm	Highlights: <i>Cinderella</i> - Shona Reppe	Askham Village Hall	01931 712499
Sat 27 Sept	8.30pm	Dance Eden: Hohodza return to Eden with support band Landermason	Alston Town Hall	01434 382738
Sun 28 Sept	5pm	Concert: <i>Fellside Music Summer Concert Series 2008</i>	Dufton Church	017683 61685
Tues 30 Sept	7-9pm	Meditation in Motion: with Anne-Lise Kryger	Bluebell Bookshop, Penrith	01768 866144
Tues 30 Sept	7.15pm	Penrith Art Club: The Art Club's early days revisited	Brunswick School, Penrith	01768 840686
Wed 1 Oct	7.30pm	Penrith and District Camera Club: <i>Aspects of Photography</i>	Quaker Meeting House, Penrith	01768 890652
Thurs 2 Oct	2-4pm	Circle Dance: with Anne-Lise Kryger, every Thursday till 4 Dec	St Andrews Rooms, Penrith	01768 866144
Sun 5 Oct	7.30pm	Concert: North Westmorland Arts presents <i>St Petersburg Quartet</i>	Appleby Public Hall	01768 3 51487

# SEPT OCT NOV 2008

DATE	TIME	EVENT	VENUE	CONTACT
Wed 8 Oct	7.30pm	Penrith and District Camera Club: <i>Using your club's equipment</i>	Quaker Meeting House, Penrith	01768 890652
Wed 8 Oct	10.15am	Lecture: Westmorland Fine Arts Society - <i>The Zeal of the Spirit</i>	Appleby Market Hall	015396 23407
Thur 9 Oct	7.30pm	Highlights: <i>La Pelota Magica</i> - Theatre Sans Frontieres	Alston Town Hall	01434 382244
Sat 11 Oct	7.30pm	Theatre: <i>The Last Waltz</i> - Quondam Theatre Company	Penrith Leisure Centre	01768 899444
Sun 12 Oct	11am-4.30pm	Apple Day: A celebration of the English Apple	Acom Bank, Temple Sowerby	
Sun 12 Oct	7.30pm	Highlights: <i>Conjuring Up Comedy</i> - Ian Keable	Soulby Village Hall	017683 71396
Mon 13 Oct	7.30pm	Music In Melmerby: <i>Duets for Violin and Viola</i>	Melmerby New Village Hall	01768 640674
Tues 14 Oct	8pm	Penrith Organ Society: Robert Davies	Evergreen Hall, Penrith	01768 862761
Wed 15 Oct	7.30pm	Highlights: <i>Carnival Of The Classics</i> - The Classic Buskers	Askham Village Hall	01931 712499
Wed 15 Oct	7.30pm	Penrith and District Camera Club: <i>Aspects of Photography</i>	Quaker Meeting House, Penrith	01768 881274
15-16 Oct	10am-4pm	Workshop: Botanical Art, with David Pearson	Howscapes, Kirkoswald	01768 899666
15-18 Oct	7.30pm	Theatre: Penrith Players - <i>The Deep Blue Sea</i>	Penrith Playhouse	01768 867466
Sat 18 Oct	7.30pm	Highlights: <i>Carnival Of The Classics</i> - The Classic Buskers	Amathwaite Old School Hall	01697 472383
Sun 19 Oct	7.30pm	Highlights: <i>Carnival Of The Classics</i> - The Classic Buskers	Skirwith Village Hall	01768 88234
Mon 20 Oct	7.30pm	Penrith Music Club: Elizabeth Watts and Simon Lepper	Penrith Methodist Church	01768 868248
Tue 21 Oct	7.30pm	Highlights: <i>These Things Do Happen</i> - NTC Theatre Co	Appleby Public Hall	017683 52210
Wed 22 Oct	7.30pm	Penrith and District Camera Club: Competition 1	Quaker Meeting House, Penrith	01768 881274
Thurs 23 Oct	7.30pm	Highlights: <i>These Things Do Happen</i> - NTC Theatre Co	Mungrisdale Village Hall	017687 79397
Fri 24 Oct	7.30pm	Highlights: <i>A Rich Harvest Of Joy, Country Voices</i>	Melmerby Village Hall	01768 881291
Sun 26 Oct	7.30pm	Highlights: <i>The Last Waltz</i> - Quondam Theatre	Shap Memorial Hall	01931 716273
Tues 28 Oct	7-9pm	Meditation in Motion: with Anne-Lise Kryger	Bluebell Bookshop, Penrith	01768 866144
Tue 28 Oct		Children's Workshop: Felt Beads	The Water Mill, Little Salkeld	01768 881523
Tue 28 Oct	7.15pm	Penrith Art Club: Demonstration by railway artist, Paul Howard	Brunswick School, Penrith	01768 840686
Wed 29 Oct	7.30pm	Penrith and District Camera Club: Aspects of Photography	Quaker Meeting House, Penrith	01768 881274
Wed 29 Oct		Children's Workshop: Book Making	The Water Mill, Little Salkeld	01768 881523
Wed 29 Oct	9pm	Live Music: Mostly Acoustic Jam Night	Black Swan, Ravenstonedale	
Fri 31 Oct	7pm	Halloween Supper: chilling stories from Eden Valley Storytellers	Acom Bank, Temple Sowerby	
Wed 5 Nov	7.30pm	Penrith and District Camera Club: <i>It's All There In Black And White</i>	Quaker Meeting House, Penrith	01768 881274
Thurs 6 Nov	7.30pm	Highlights: <i>On The Black Hill</i> - AJTC Theatre Company	Alston Town Hall	01434 382244
Fri 7 Nov	7.30pm	Highlights: <i>On The Black Hill</i> - AJTC Theatre Company	Kirkoswald, Village Hall	01768 898187
Sat 8 Nov	7.30pm	Live Music: The Royal Northern College of Music Junior Dept.	Methodist Church, Penrith	
Tues 11 Nov	7-9pm	Meditation in Motion: with Anne-Lise Kryger	Bluebell Bookshop, Penrith	01768 866144
Tues 11 Nov	7.30pm	Highlights: <i>The Last Waltz</i> - Quondam Theatre	Ivegill Village Hall	016974 73707
Tues 11 Nov	8pm	Penrith Organ Society: Chris Hopkins	Evergreen Hall, Penrith	01768 862761
Wed 12 Nov	7.30pm	Penrith and District Camera Club: <i>More Travels With Two Cameras</i>	Quaker Meeting House, Penrith	01768 881274
Wed 12 Nov	7.30pm	Highlights: The Polyjesters	Ullswater Community College	01768 242160
Wed 12 Nov	10.15am	Lecture: Westmorland Decorative Arts <i>Flights of Fancy</i>	Appleby Market Hall	015396 23407
Thu 13 Nov	7.30pm	Highlights: The Polyjesters	Orton Market Hall	015396 24732
Sat 15 Nov	7.30pm	Poetry: 1/2 and 1/2 - Open mic in the Studio	Theatre by the Lake, Keswick	017687 74411
Sat 15 Nov	7.30pm	Highlights: Lorraine Ayensu	Cliburn Village Hall	01931 714218
Sun 16 Nov	7.30pm	Highlights: Lorraine Ayensu	Skirwith Village Hall	01768 88234
Sun 16 Nov	7.30pm	Concert: North Westmorland Arts presents <i>Northern Saxophone Quartet</i>	Appleby Public Hall	01768351487
Mon 17 Nov	7.30pm	Penrith Music Club: Martinu String Quartet and Angus Meryon (clarinet)	Penrith Methodist Church	01768 863538
Wed 19 Nov	7.30pm	Penrith and District Camera Club: <i>Show and Tell</i> with Brian Lindley	Quaker Meeting House, Penrith	01768 890652
Fri 21 Nov	7.30pm	Highlights: <i>This Farming Life</i> - Umber Music	Croglin Village Hall	01768 896019
Sat 22 Nov	8pm	Live Music: The Balkanics Band	No15 cafe/bar, Penrith	01768 867453
Sun 23 Nov	7.30pm	Highlights: <i>This Farming Life</i> - Umber Music	Shap Memorial Hall	01931 716273
Tues 25 Nov	7.15pm	Penrith Art Club: Demonstration of wildlife and wilderness	Brunswick School, Penrith	01768 840686
Wed 26 Nov	7.30pm	Penrith and District Camera Club: Competition 2	Quaker Meeting House, Penrith	01768 890652
Wed 26 Nov	9pm	Live Music: Mostly Acoustic Jam Night	Black Swan, Ravenstonedale	
Sat 29 Nov	7.30pm	Highlights: <i>Celtic Music &amp; Song</i> - Tom McConville	Threlkeld Public Rooms	017687 79172

For events after this date, or for further information about the events detailed, please refer to our website: [www.edenarts.co.uk](http://www.edenarts.co.uk)

# THEBACKPAGE

## FRIENDS OF EDEN ARTS

Would you like to become a Friend of Eden Arts? For only £10 a year for single membership, (£15 family and £20 business) you will receive the quarterly **Arts Update** newsletter direct to your door, packed with all the latest events in the Eden area. There are lots of other benefits too, including the opportunity to go on cultural arts visits. For more information and an application form contact Eden Arts or cut out the form below and return it with your cheque to Eden Arts, 1 Sandgate, Penrith, CA11 7TP. **Volunteers needed!** If you've got an idea for a Friends' trip to a theatre, art gallery or any cultural event, and would like to organise it with assistance from us please let us know.

### Friends of Eden Arts Membership

Single £10, Family £15, Group £20

Name \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_

Tel \_\_\_\_\_

Email \_\_\_\_\_

I enclose a cheque/postal order for £ \_\_\_\_\_ payable to Eden Arts.

## FRIENDLY FESTIVAL

High Head Sculpture Valley's *Friendly Festival for Free Spirits* is being organised by a small group of voluntary artists with Jonathan and Bernadette from the Sculpture Park. The aim of the gathering, which will take place on 20 and 21 September, is to promote local talented musicians, artists, and crafts people. It is intended to be a small green festival for local people to promote their skills with live music, an acoustic tent, a dance tent, green crafts, children's activities and also the Sculpture Park Trail. Tickets are available direct from High Head Sculpture Park on 07773 052088 and cost £40 for a weekend ticket or £35 EarlyBird rate - free for under 16's.

## SCOTTISH COUNTRY DANCING

Why not try something new this autumn? Scottish country dancing is fun, friendly and will keep you fit. There are plenty of opportunities with classes in both Penrith and Eamont Bridge. Penrith Scottish Country Dance Class welcomes new and existing members from September. Classes are held every Monday evening at St Andrew's Centre, Penrith from 7.30-10pm, running 8 September-15 December 2008, then 5 January-11 May 2009. Fees are £23 per person per term or £2.50 per night for visitors.

For further information or to book call Peter Simpson on 01768 863995

Eamont Bridge Scottish Country Dance Class is also welcoming new members, with classes held every Friday afternoon at Eamont Bridge Village Hall, from 12 September-19 December 2008 and 9 January-1 May 2009, 2pm to 4pm. The cost is just £1 per class.

For further information or to book contact Brian Oliver on 01768 840060.

## LIGHTS ... ACTION!

Need lights for your show, or a sound system? Eden Arts can help!

Eden Arts has a portable sound and lighting system available for hire at a subsidised rate for voluntary groups in the Eden District. Whether you are organising a theatre production, exhibition, fashion show or music night, this professional system will enhance the event. The lights and sound equipment can be hired together or separately.

If you are interested in improving or refreshing your technical skills Eden Arts will organise training sessions if there is an adequate response

For enquiries regarding training, conditions of hire and/or a booking form please contact Eden Arts on 01768 899444 or [enquiries@edenarts.co.uk](mailto:enquiries@edenarts.co.uk).

## APPLE DAY AT ACORN BANK

The National Trust's Apple Days across the country are seasonal celebrations of the of the English apple, and for apples with a local flavour then the annual Apple Day at Acorn Bank, Temple Sowerby is hard to beat. This year's is on Sunday 12 October, from 11am to 4.30pm and includes apple advice surgeries from the Northern Fruit Group, apple tasting, displays and pruning demonstrations.



There are also cookery demonstrations with Radio Cumbria chef John Crouch, a local food producers market, traditional craft demonstrations and stalls, family games, workshops and competitions plus entertainment from Punch and Judy, Crook Morris, Eden Valley storytellers, the Eagle Bowmen and much more. There is absolutely no better place to spend an autumn Sunday, and admission is a bargain at £4 for adults, £2 for children and £11 for families. (National Trust members also pay as it's a special event).

Further details of Apple Days throughout the county are at [www.nationaltrust.org.uk](http://www.nationaltrust.org.uk)



Children with their hand-made brooms